

Central Okanagan Family Hub - Kelowna














Monday to Friday, 9:00 am – 1:00 pm

Pearson Road Elementary (East side entrance), 700 Pearson Road

www.cofh.ca



August 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	
				1 Space Theme Day 	2	
We have a great play area	5  BC Day Hub is Closed	6 Early Childhood Connections (ECC) Group 9:00 am - 11:30am 	7	8 Countries Around the World Day 	9	Everything is always free at the Family Hub
If your agency would like to offer free programming at the HUB, email val@cofh.ca	12 Painting Day 	13 Early Childhood Connections (ECC) Group 9:00 am - 11:30am 	14	15 Story Time Day 	16	
	19 Barnyard Animals Day 	20 Early Childhood Connections (ECC) Group 9:00 am - 11:30am 	21	22 Music Day 	23 THE BRIDGE Youth & Family Services The Bridge Parent Talk 9:30 am - 12:00 pm	24 For more info please contact val@cofh.ca 250.826.6264
	26 Water Day 	27 Early Childhood Connections (ECC) Group 9:00 am - 11:30am 	28	29 Puppet Day 	30 THE BRIDGE Youth & Family Services The Bridge Parent Talk 9:30 am - 12:00 pm	

www.facebook.com/COFHP for up to date info

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Programs this Month:

Central Okanagan Family Resource Program: Early Childhood Connections (ECC) Group

A free drop-in program for parents, grandparents and family childcare-providers of children aged 0-6 years old.

The ECC Group will engage the participants in positive, creative play and family and child social interaction to support *early childhood development*.

Adult participants will have the opportunity to:

- Engage with their child in a new environment
- Meet other parents, grandparents, and childcare-providers, chat, connect and exchange information
- Learn about other resources in the community
- Discuss topics of interest
- Learn about childhood developmental milestones and ASQ
- Join in on circle time and family reading opportunity

Central Okanagan Family Hub – Kelowna: Theme Days

Two child friendly theme days are offered each week on a drop-in basis at the Hub. Simple, free activities that correspond with the theme of the day will be provided for children aged 0-12 years old.

The Bridge-Parent Talk

Weekly drop-in sessions for parents and caregivers with children under age 6. Adults meet while the children are supervised in our playroom to talk about parenting, wellness and child development. No cost drop-in sessions, child care provided, coffee, tea & healthy snacks provided for adults. Please bring a water bottle and healthy nut-free snack for your children.