

Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 8:30am – 4:00pm

Location: 700 Pearson Road, Kelowna, BC

August 2025



Monday	Tuesday	Wednesday	Thursday	Friday
Program Key: Red= Registered program: Pre-registration required. Closed groups that run for several weeks. Green= Drop-in: Join without prior registration Call or text 236-970-4567 or email maya@cofh.ca for any Questions, Referral, and Navigation services.				1 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm
4	5	6	7	8
HUB CLOSED BC DAY	HUB PLAY SPACE CLOSED DUE TO MAINTENANCE <i>If you need help with referrals/navigation, please call 236-970-4567</i>			
11	12	13	14	15
Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Short Term Food Support Market, 9:30am-1:00pm Drop-in Play Time, 2:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am STEAM, 1:30pm-2:30pm Drop-in Play Time, 12:00pm-3:30pm	Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm
Summer Reading Program, 9:00am-1:00pm				
18	19	20	21	22
Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am STEAM, 1:30pm-2:30pm Drop-in Play Time, 12:00pm-3:30pm	Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm
Summer Reading Program, 9:00am-1:00pm				
25	26	27	28	29
Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Short Term Food Support Market, 9:30am-1:00pm FCC Community Partner Visit, 9:30am-11:30am Drop-in Play Time, 2:00pm-3:30pm	Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm



Program Details:

Drop-in Programs:

Family Play Time at the Hub, The Bridge Youth and Family Services

Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom.

For more information, call the HUB at [236-970-4567](tel:236-970-4567)



FCC - Family Connections Centre

With specialized services in speech and language pathology, Behavior's consultations, family support services and many more. They are here to answer all your questions. You can just drop in for any question during this time.



Community Partners:

Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community. Childcare is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am-11:30am. If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331).



Short-Term Food Support Market

This market intends to provide families with genuine needs and provides an extra layer of support. The market will be open on the 2nd and 4th Wednesday of each month from 9:30am-1:00pm.

No drop-ins – only registered families. Please submit a referral through a community partner organization to learn more about the program description and eligibilities. For more information call the HUB at [236-970-4567](tel:236-970-4567).

Registered Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Select Tuesdays, 12:00pm-2:00pm, Email familyfriend@kcr.ca or visit www.kcr.ca/family-services/family-friend.



Summer Reading Program – Project Literacy

Free reading program for hesitant readers, includes creative reading, activities and more. For children in grades 1-3 who struggle with reading - children must be referred by their school teacher.

Register by June 28th with Dorothy at admin2@projectliteracy.ca or call [250-762-2163](tel:250-762-2163) ext.3.



STEAM – The Strong Roots Centre (Childhood Connections)

Join us for STEAM! This program is for children entering grades 1-5. This month's activities include: Floating Ink; DIY Lava Lamps; Baking Soda Balloons; Popsicle Stick Building; and Sand Handprints. Space is limited, and registration is required for each activity.

Select Thursdays, 1:30pm-2:30pm. Register at trellis.org/steamatthefamilyhub.

