

# Central Okanagan Family Hub - Kelowna

Monday to Friday, 9:00 am – 3:00 pm

Pearson Road Elementary (East side entrance), 700 Pearson Road

[www.cofh.ca](http://www.cofh.ca)



## December 2019

[www.facebook.com/COFHP](https://www.facebook.com/COFHP) for up to date info or [www.cofh.ca](http://www.cofh.ca)

Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>NEW HOURS!</b></p> <p>The Hub will now be open until 3:00pm daily! Come &amp; drop in Monday-Friday, 9:00am-3:00pm!</p>	<p>2</p> <p><b>Story Time Theme Day</b></p>	<p>3</p>	<p>4</p> <p>Early Childhood Connections (ECC) Group 9:00am - 11:30am</p> <p><b>**The Hub is closing at 12:00pm for a staff holiday party**</b></p>	<p>5</p> <p><b>Winter Craft Theme Day</b></p> <p>Childhood Connections Child Care Resource &amp; Referral Outreach Day 9:00 am – 12:00 pm</p> <p>Parent-Child Mother Goose &amp; Playtime 10:00am - 12:00pm</p>	<p>6</p> <p><b>The Bridge Parent Talk</b> 9:30am - 11:30am</p>	<p>Everything is always free at the Family Hub</p>
	<p>9</p> <p><b>Snowflake Theme Day</b></p>	<p>10</p>	<p>11</p> <p>Early Childhood Connections (ECC) Group 9:00am - 11:30am</p> <p><b>Santa Visit at the Hub</b> 10:00am - 10:45am</p>	<p>12</p> <p>Parent-Child Mother Goose &amp; Playtime 10:00am - 12:00pm</p> <p><b>Teddy Bear Theme Day</b></p>	<p>13</p> <p><b>The Bridge Parent Talk</b> 9:30am - 11:30am</p>	
<p>We have a great play area</p>	<p>16</p> <p><b>Sensory Table Theme Day</b></p>	<p>17</p>	<p>18</p> <p>Early Childhood Connections (ECC) Group 9:00am - 11:30am</p>	<p>19</p> <p>Parent-Child Mother Goose &amp; Playtime 10:00am - 12:00pm</p> <p><b>Painting Theme Day</b></p>	<p>20</p> <p><b>CANCELLED: The Bridge Parent Talk</b></p>	<p>If your agency would like to offer free programming at the HUB, email <a href="mailto:val@cofh.ca">val@cofh.ca</a></p>
<p><b>The Hub is closed from December 23 - December 27 for the Holidays</b></p>						
	<p>30</p> <p><b>Puzzle Theme Day</b></p>	<p>31</p>	<p>1</p> <p><b>The Hub is closed for New Year's Day</b></p>			<p>For more info please contact <a href="mailto:val@cofh.ca">val@cofh.ca</a> or 250.826.6264</p>

## Programs this Month:

### Central Okanagan Family Resource Program: Early Childhood Connections (ECC) Group

A free drop-in program for parents, grandparents and family childcare-providers of children aged 0-6 years old.

The ECC Group will engage the participants in positive, creative play and family and child social interaction to support *early childhood development*.

Adult participants will have the opportunity to:

- Engage with their child in a new environment
- Meet other parents, grandparents, and childcare-providers, chat, connect and exchange information
- Learn about other resources in the community
- Discuss topics of interest
- Learn about childhood developmental milestones and ASQ
- Join in on circle time and family reading opportunity

### Child Care Resource & Referral / Childhood Connections Outreach Day:

CCRR staff will be at the Hub providing services. Services will include toy lending library, how to find childcare and learn about the different types of childcare, help with Affordable Childcare Benefits (Subsidy) and as well as Ages and Stages Questionnaires.

### Central Okanagan Family Hub - Kelowna Theme Days

Two child friendly theme days are offered each week on a drop-in basis at the Hub. Simple, free activities that correspond with the theme of the day will be provided for children aged 0-12 years old.

### The Bridge - Parent Talk

Weekly drop-in sessions for parents and caregivers with children under age 6. Adults meet while the children are supervised in our playroom to talk about parenting, wellness and child development. No cost drop-in sessions, child care provided, coffee, tea & healthy snacks provided for adults. Please bring a water bottle and healthy nut-free snack for your children.

### Santa Visit at the Central Okanagan Family Hub – Wednesday, December 11, 10:00am - 10:45am

Santa is coming to town and will be stopping by to visit the kids and families at the Central Okanagan Family Hub. Santa will read a story to the children and hand out free books as presents. Caregivers may take a photo of their child with Santa if they wish. Anyone with children ages 0-12 may attend. Hope to see you at the Hub! Central Okanagan Family Hub, 700 Pearson Road, Kelowna. For questions please contact Val Noga-val@cofh.ca or 250-826-6264.