



Central Okanagan Family Hub – Kelowna

Open Mon – Fri 10:00 am – 3:00 pm

Pearson Road Elementary (east side entrance) 700 Pearson Rd

www.facebook.com/COFHP for up to date info

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open 10:00 – 3:00p.m.	Donations of children's clothing for Feb 27 th event would be very appreciated!		1	2 Parent – Child Mother Goose and Playtime 10:00 - Noon Kelowna Breastfeeding Café 10:00 - Noon	3 Interactive Storytelling 10:30 – Noon	4
5 <u>Everything is always free at the Family Hub</u>	6	7	8 Nobody's Perfect Parenting 10:30 – 1:00p.m.	9 Parent- Child Mother Goose and Playtime 10:00 - Noon	10 Interactive Storytelling 10:30 – Noon	11
12 Want to offer a program at the Hub? Email debbie@cofh.ca	13 Family Day – Hub is Closed	14 	15 Nobody's Perfect Parenting 10:30 – 1:00p.m.	16 Parent- Child Mother Goose and Playtime 10:00 - Noon	17 Interactive Storytelling 10:30 - Noon	18
19 Need information about community services? Email rich@cofh.ca	20	21 Peetigway Familii 11:00 – 2:00pm	22 Nobody's Perfect Parenting 10:30 – 1:00p.m.	23 Parent – Child Mother Goose and Playtime 10:00 - Noon	24 Interactive Storytelling 10:30 - Noon	25
26	27 The Save Kindness Society Children's Clothing Exchange/Give away 10:30 – 12:30	28 Peetigway Familii 11:00 – 2:00pm				

Interactive Storytelling- Ki-Low-Na Friendship Society – Drop in for stories and fun for parents and children – up to age 6 years – Everyone welcome
Parent-Child Mother Goose and Playtime – The Club House – rhymes, songs and stories – birth to 4 years – register in person – Everyone welcome
Peetigway Familii – Metis Community Services Society – Check with Michelle or Carmen 250-718-4568 for up to date programming information and registration
Kelowna Breastfeeding Café – Breastfeeding Support and Resources – Drop in
 Nobody's Perfect Parenting – Interior Health – 6 week registered program Feb 8 – March 15th To register contact: Kathryn Carmichael 250-980-5157
The Save Kindness Society – Clothing Give away and exchange. Drop in. No Exchange necessary.
 Debbie Markus – Community Engagement Facilitator debbie@cofh.ca Rich Chapman – Hub Facilitator rich@cofh.ca