

Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 8:30am – 4:00pm

Location: 700 Pearson Road, Kelowna, BC

FEBRUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>3</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Family Friend, 11:30am-2:00pm</p> <p>Artful Adventures, 2:00pm-4:00pm</p>	<p>4</p> <p>Japanese Story Time, 9:30am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>5</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Job Readiness, 12:00pm-2:00pm</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>6</p> <p>Parent Talk, 9:30am-12:00pm</p> <p>Drop-in Play Time, 12:30pm-3:30pm</p>
<p>9</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>10</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Family Friend, 11:30am-2:00pm</p> <p>Artful Adventures, 2:00pm-4:00pm</p>	<p>11</p> <p>Short Term Food Support Market, 9:30am-2:00pm</p> <p>Drop-in Play Time, 2:30pm-3:30pm</p>	<p>12</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>13</p> <p>Parent Talk, 9:30am-12:00pm</p> <p>Drop-in Play Time, 12:30pm-3:30pm</p>
<p>16</p> <p>HUB CLOSED HAPPY FAMILY DAY</p>	<p>17</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Family Friend, 11:30am-2:00pm</p> <p>Artful Adventures, 2:00pm-4:00pm</p>	<p>18</p> <p>Japanese Story Time, 9:30am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>19</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Job Readiness, 12:00pm-2:00pm</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>20</p> <p>Parent Talk, 9:30am-12:00pm</p> <p>Drop-in Play Time, 12:30pm-3:30pm</p>
<p>23</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>24</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Family Friend, 11:30am-2:00pm</p> <p>Artful Adventures, 2:00pm-4:00pm</p>	<p>25</p> <p>Short Term Food Support Market, 9:30am-2:00pm</p> <p>Drop-in Play Time, 2:30pm-3:30pm</p>	<p>26</p> <p>Indigenous Drumming Circle, 9:30am-10:30am</p> <p>Drop-in Play Time, 9:00am-11:30am</p> <p>Drop-in Play Time, 12:00pm-3:30pm</p>	<p>27</p> <p>Parent Talk, 9:30am-12:00pm</p> <p>Drop-in Play Time, 12:30pm-3:30pm</p>

Program Key:

Red= Registered program: Pre-registration required. Closed groups that run for several weeks.

Green= Drop-in: Join without prior registration

Call/text 236-970-4567 or Email maya@cofh.ca for any Questions, Referral, or Navigation services.



Program Details:

Drop-in Programs:

Family Play Time at the Hub, The Bridge Youth & Family Services

Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom.

For more information, call the HUB at [236-970-4567](tel:236-970-4567)



Drop-in Job Readiness support

Get support with: Resumes, Cover letter, Interview skills, Strength and value discovery, Navigating and apply on-line, Elevator pitches, and Networking.

Thursday, January 15th & 29th, 12:00pm-2:00pm. For more information contact employmentservices@kcr.ca



Indigenous Drumming Circle with Aunty Kim

A drum circle represents balance, and connection where we all can remember our first sound of our mother's heartbeat.

An offering to community from Metis Community Services.

Thursday, February 26th, 9:30am-10:30am



Artful Adventures - All Ages Welcome

Join us! We welcome young artists of all ages. Come explore new materials, learn creative techniques, and make something special to take home. All supplies are provided—just bring your imagination!



Community Partners:

Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community.

Childcare is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am-11:30am. If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331)



Registered Outato Ohanashino Kai (Japanese Story Time for Infants & Toddlers)

A space where children can practice and reinforce the Japanese language and culture. This space is 100% Japanese.

Every 1st and 3rd Wednesday of the month, 9:30am-11:30am

Short-Term Food Support Market

This market intends to provide families with genuine needs and provides an extra layer of support.

The market will be open on the 2nd and 4th Wednesday of each month from 9:30am to 2:00pm.

No drop-ins – only registered families. Please submit a referral through a community partner organization to learn more about the program description and eligibilities. For more information call the HUB at [236-970-4567](tel:236-970-4567)

Registered Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Selected Tuesdays, 12:00pm-2:00pm, Email familyfriend@kcr.ca or visit www.kcr.ca/family-services/family-friend

