

# Central Okanagan Family Hub - Kelowna













Monday to Friday, 9:00 am – 1:00 pm

Pearson Road Elementary (East side entrance), 700 Pearson Road

[www.cofh.ca](http://www.cofh.ca)



## July 2019

Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>1</p> <p><b>Canada Day</b></p>  <p><b>The Hub is closed</b></p>	<p>2</p> <p>Early Childhood Connections (ECC) Group 9:00 am - 11:30am</p> 	<p>3</p>	<p>4</p> <p><b>Pirate Day</b></p> 	<p>5</p>	
<p>We have a great play area</p>	<p>8</p> <p><b>Water Day</b></p> 	<p>9</p> <p>Early Childhood Connections (ECC) Group 9:00 am - 11:30am</p> 	<p>10</p>	<p>11</p> <p><b>Puppet Day</b></p> 	<p>12</p>	<p>13</p> <p>Everything is always free at the Family Hub</p>
	<p>15</p> <p><b>Dinosaur Day</b></p> 	<p>16</p> <p>Early Childhood Connections (ECC) Group 9:00 am - 11:30am</p> 	<p>17</p>	<p>18</p> <p><b>Bubble Day</b></p> 	<p>19</p>	<p>If your agency would like to offer free programming at the HUB, email <a href="mailto:val@cofh.ca">val@cofh.ca</a></p>
	<p>22</p> <p><b>Craft Day</b></p> 	<p>23</p> <p>Early Childhood Connections (ECC) Group 9:00 am - 11:30am</p> 	<p>24</p>	<p>25</p> <p><b>Story Time Day</b></p> 	<p>26</p>	
	<p>29</p> <p><b>Music Day</b></p> 	<p>30</p> <p>Early Childhood Connections (ECC) Group 9:00 am - 11:30am</p> 	<p>31</p>			<p>For more info please contact <a href="mailto:val@cofh.ca">val@cofh.ca</a> 250-826-6264</p>

[www.facebook.com/COFHP](https://www.facebook.com/COFHP) for up to date info

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## Programs this Month:

### Central Okanagan Family Resource Program: Early Childhood Connections (ECC) Group

A free drop-in program for parents, grandparents and family childcare-providers of children aged 0-6 years old.

The ECC Group will engage the participants in positive, creative play and family and child social interaction to support *early childhood development*.

Adult participants will have the opportunity to:

- Engage with their child in a new environment
- Meet other parents, grandparents, and childcare-providers, chat, connect and exchange information
- Learn about other resources in the community
- Discuss topics of interest
- Learn about childhood developmental milestones and ASQ
- Join in on circle time and family reading opportunity

### Central Okanagan Family Hub - Kelowna Theme Days

Two child friendly theme days are offered each week on a drop-in basis at the Hub. Simple, free activities that correspond with the theme of the day will be provided for children aged 0-12 years old.