

Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 8:30am – 4:00pm

Location: 700 Pearson Road, Kelowna, BC

July 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Program Key: Red= Registered program: Pre-registration required. Closed groups that run for several weeks. Green= Drop-in: Join without prior registration Call/text 236-970-4567 or Email maya@cofh.ca for any Questions, Referral, or Navigation services.		1 HUB CLOSED HAPPY CANADA DAY	2 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	3 Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm
6 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	7 Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	8 Short Term Food Support Market, 9:30am-1:00pm Active Games Drop in, 10:00am-11:30am Drop-in Play Time, 2:00pm-3:30pm	9 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	10 Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm
<i>Summer Reading Program, 9:00am-1:00pm</i>				
13 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	14 Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	15 Drop-in Play Time, 9:00am-11:30am Active Games Drop in, 10:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	16 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	17 Parent Talk, 9:30am-12:00pm Drop-in Play Time, 12:30pm-3:30pm
<i>Summer Reading Program, 9:00am-1:00pm</i>				
20 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	21 Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	22 Short Term Food Support Market, 9:30am-1:00pm Active Games Drop in, 10:00am-11:30am Drop-in Play Time, 2:00pm-3:30pm	23 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	24 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm
<i>Summer Reading Program, 9:00am-1:00pm</i>				
27 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	28 Drop-in Play Time, 9:00am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	29 Drop-in Play Time, 9:00am-11:30am Active Games Drop in, 10:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	30 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm	31 Drop-in Play Time, 9:00am-11:30am Drop-in Play Time, 12:00pm-3:30pm
<i>Summer Reading Program, 9:00am-1:00pm</i>				

Program Details:

Drop-in Programs:

Family Play Time at the Hub, The Bridge Youth and Family Services

Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom.

For more information, call the HUB at [236-970-4567](tel:236-970-4567)



Active Games Summer Drop in for school Age children – The Strong Roots Centre (Childhood Connections)

Join Peter and Carson at Central Okanagan Family Hub for outdoor supervised games, active play and snacks.

Please Note: Waiver - Parents or caregivers must sign a waiver at the Family Hub before children can participate in activities.

Every Wednesday July 8th-August 26th, 10:00am-11:30am. This program is for school age children (Age 8-12 years old)



Community Partners:

Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community. Childcare is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am-11:30am. If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331)



Short-Term Food Support Market

This market intends to provide families with genuine needs and provides an extra layer of support. The market will be open on the 2nd and 4th Wednesday of each month from 9:30 am to 1:00 pm.

No drop-ins – only registered families. Please submit a referral through a community partner organization to learn more about the program description and eligibilities. For more information call the HUB at [236-970-4567](tel:236-970-4567).

Registered Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Select Tuesdays, 12:00pm-2:00pm, Email familyfriend@kcr.ca or visit www.kcr.ca/family-services/family-friend



Summer Reading Program – Project Literacy

Free reading program for hesitant readers, includes creative reading, activities and more. For children in grades 1-3 who struggling with reading - children must be referred by their school teacher.

For more information email admin2@projectliteracy.ca or call [250-762-2163 ext.3](tel:250-762-2163)

