

Central Okanagan Family Hub - Kelowna

Monday/Wednesday/Friday, 9:00am – 3:00pm | Tuesday/Thursday, 9:00am – 7:30pm


Pearson Road Elementary (east side entrance), 700 Pearson Road

www.cofh.ca



Early Years Centre

June 2018

Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday	
					1	We have a great play area
	4	5	6 Family HUB at Raymer Elementary School 8:30am – 11:00am	7 Kelowna Breastfeeding Café 10:00am - Noon Parent-Child Mother Goose & Playtime 10:00am – Noon Family HUB at A.S. Matheson School 8:30am – 11:00am <i>Closing at 3:00pm to set up for the Fat Cat Festival</i>	8 HUB Closed Come see us at the Fat Cat Festival	 HUB is at the Fat Cat Festival
♥😊♥😊♥😊 Dad's Week ♥😊♥😊♥😊	11	12 Peetigway Fami 10:00am – 2:00pm	13 Family HUB at Raymer Elementary School 8:30am – 11:00am	14 Parent-Child Mother Goose & Playtime 10:00am – Noon ASQ Screening 10:00am – 2:00pm Family HUB at A.S. Matheson School 8:30am – 11:00am	15	ASQ screening available daily
🎵🎵🎵🎵 Father's Day 🎵🎵🎵🎵	18	19	20 Family HUB at Raymer Elementary School 8:30am – 11:00am	21 Parent-Child Mother Goose & Playtime 10:00am – Noon Family HUB at A.S. Matheson School 8:30am – 11:00am	22	Everything is always free at the Family Hub
☀️☀️☀️☀️ Summer ☀️☀️☀️☀️	25	26	27 Family HUB at Raymer Elementary School 8:30am – 11:00am	28 Parent-Child Mother Goose & Playtime 10:00am – Noon Family HUB at A.S. Matheson School 8:30am – 11:00am	29	rich@cofh.ca 250.317.0143

www.facebook.com/COFHP for up to date info

www.cofh.ca

Programs this Month:

Fat Cat Festival, June 8-9, Waterfront Park, Kelowna, www.fatcatfestival.ca

The Interior Savings Fat Cat Children's Festival is an annual two-day festival that has been held in the Central Okanagan since 1990. The festival is an enriching experience that brings the community together and offers an incredible hands-on learning environment for children and their families. Children, schools and families have an opportunity to engage with unique learning experiences and their community. There will be several activity stations to encourage children to learn new skills and express their creativity, as well as several performances on stage.

Parent-Child Mother Goose Program

A group experience for parents and their babies/young children, which focuses on the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence, which can enable them to create positive family patterns during their child's crucial early years, and give their children healthy early experiences with language and communication skills. Registration required through the HUB.

Kelowna Breastfeeding Café, www.kelownabreastfeedingcafe.com

Kelowna Breastfeeding Café is a relaxed, non-judgmental and informative place to find breastfeeding support. Whether you are an expectant mom, brand new mom, or a more seasoned mom, we welcome you! Enjoy a tea/coffee and healthy snacks and come out to create relationships with other moms in your community. Join us to discuss challenges or concerns, share triumphs, and swap "secrets" you have discovered on your breastfeeding journey. Kelowna Breastfeeding Café offers two meetings per month, providing breastfeeding support and information to anyone who is interested in attending. Sessions are facilitated by trained breastfeeding helpers and there is no cost to attend.

Metis Community Services Society – Peetigway. Famii.

Early childhood learning drop-in program. Aboriginal children 0-6 years and parents/caregivers welcome. For more information, please call the program at [250.718.4568](tel:250.718.4568).

ASQ, Ages & Stages Questionnaires – Check Early, Check Often.

Free development check-ups for children ages 2 months to 5 years. It's normal to have questions about your child's development and we're here to help! Come and learn more about supporting your child's skills: learning, behaviour, physical, speech and language, social emotional.