

Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday, Tuesday, Thursday & Friday, 9:00 am – 3:00 pm / Wednesday, 9:00 am – 2:00 pm



June 2021

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|--|--|---|---|---|
| | <p>1</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p> <p>Kids Play & Story Time @ Ben Lee Park, 10am-12pm</p>   | <p>2</p> <p>Food Support Program, 9am-2pm</p>    | <p>3</p> <p>Newcomers Mom's Café with Kids Story & Stretch Time, 10am-12pm</p>  | <p>4</p> <p>Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>If you need information, navigation, referrals or support email us at info@cofh.ca</p> |
| <p>7</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>8</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p> <p>Kids Play & Story Time @ Ben Lee Park, 10am-12pm</p> <p>Speech & Hearing Series, 6:30pm-7:30pm</p>     | <p>9</p> <p>Food Support Program, 9am-2pm</p>    | <p>10</p> <p>Newcomers Mom's Café with Kids Story & Stretch Time, 10am-12pm</p>  | <p>11</p> <p>Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>Call or text to 250-826-6264, or email info@cofh.ca for an in-person chat, to schedule your Family Play Time or a private outreach appointment</p> |
| <p>14</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>15</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p> <p>Kids Play & Story Time @ Ben Lee Park, 10am-12pm</p> <p>Speech & Hearing Series, 6:30pm-7:30pm</p>     | <p>16</p> <p>Food Support Program, 9am-2pm</p>    | <p>17</p> <p>Newcomers Mom's Café with Kids Story & Stretch Time, 10am-12pm</p>  | <p>18</p> <p>Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | |
| <p>21</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>22</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p> <p>Kids Play & Story Time @ Ben Lee Park, 10am-12pm</p> <p>Speech & Hearing Series, 6:30pm-7:30pm</p>     | <p>23</p> <p>Food Support Program, 9am-2pm</p>    | <p>24</p> <p>Newcomers Mom's Café with Kids Story & Stretch Time, 10am-12pm</p>  | <p>25</p> <p>Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>To schedule any activity, Call or text to 250-826-6264, or email info@cofh.ca.</p> |
| <p>28</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p>  | <p>29</p> <p>Registered Family Play Time, 9:30am-11:30am & 12:30pm-2:30pm</p> <p>Kids Play & Story Time @ Ben Lee Park, 10am-12pm</p>   | <p>30</p> <p>Food Support Program, 9am-2pm</p>    | <p>The Family Hub will be open for indoor Family Playtime once again, but only for 2 families at a time. We'll be at Ben Lee park Tuesdays & Thursdays, by appointment only!</p> | | |

Programs this Month:

[Call](tel:250-826-6264) or [text](text:250-826-6264) to 250-826-6264 for your scheduled Family Hub time.

Registered Family Play Time at the Hub, The Bridge Youth and Family Services

Parents with children are welcome to schedule a 2-hour family play time in the Hub playroom, Come and have fun with COVID-19 safety protocols in place.

Mondays & Tuesdays, 9:30am or 12:30pm. Call [250-878-6331](tel:250-878-6331) or email laura.banman@thebridgeservices.ca. (By appointment only)

Family Play Time, Central Okanagan Family Hub

Parents with children are welcome to schedule a 2-hour family play time in the Hub playroom. Come and have fun!

Fridays, 9:30am or 12:30pm. Call [250-826-6264](tel:250-826-6264) or email ruba@cofh.ca - By appointment only. COVID-19 safety protocols in place.

Food Support Program, The Bridge Youth and Family Services, Childhood Connections, Central Okanagan Community Food Bank

Offering families support with food security, provided through our COFH outreach worker and the Bridge Youth and Family Services.

To make an appointment, kindly email Laura at laura.banman@thebridgeservices.ca or Ruba at ruba@cofh.ca (by appointment only).

Wednesdays, 9:00am-2:00pm. For more information or if you need any other support, call the Hub at [250-826-6264](tel:250-826-6264).

Speech & Hearing Series – KCR Community Resources, YMCA, Central Okanagan Family Hub

These presentations will focus on speech, hearing and language for children as they develop. For more information on each presentation, check out the [Family Hub Facebook page](#).

Tuesdays, June 8, 15 & 22, 6:30pm-7:30pm. [Register Now](#).

Kids Play & Story Time, Project Literacy

Join us for a story and play time at Ben Lee Park (900 Houghton Road), Rutland. Please bring your own blanket to sit on, to stay COVID safe.

Tuesdays, 10:00am-12:00pm. [Register Now](#).

Newcomers Mom's Café for Arabic Speaking Families, with Kids Story & Stretch Time, KCR Community Resources

Join us for an Arabic-speaking Mom's Café – this will be a support group for newcomers at Ben Lee Park (900 Houghton Road). Please bring your own blanket to sit on for COVID safety.

Thursdays, 10:00am-12:00pm. [Register Now](#).