



Central Okanagan Family  
Hub – Kelowna Open Mon-Fri 10:00 – 3:00pm

# October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 <a href="#">Everything is always free at the Family Hub!</a>	3 <b>Storytelling for Families 10 – Noon</b>	4 <b>Nobody's Perfect Parenting – Metis Society 11:00 – 2:00p.m</b>	5 <b>Nobody's Perfect Parenting – Interior Health</b>	6 <b>Mother Goose 10 – Noon</b> <b>Breast Feeding Café 10 - Noon</b>	7 <b>Storytelling for Families 10 – Noon</b>	8
9 <a href="#">All children's programs are for parents too</a>	10 Closed - Thanksgiving	11 <b>Nobody's Perfect Parenting – Metis Society 11:00 – 2:00p.m</b>	12 <b>Nobody's Perfect Parenting – Interior Health</b>	13 <b>Mother Goose 10 - Noon</b>	14 <b>Storytelling for Families 10 – Noon</b>	15
16 <a href="#">The play area is always available for parents to play with their children</a>	17 <b>Storytelling for Families 10 – Noon</b> Halloween Costume and Creation 12 – 2	18 <b>Nobody's Perfect Parenting – Metis Society 11:00 – 2:00p.m</b>	19 <b>Nobody's Perfect Parenting – Interior Health</b>	20 <b>Mother Goose 10 - Noon</b>	21 <b>Storytelling for Families 10 – Noon</b>	22
23 <b>Ask Debbie and Rich We are here to help</b>	24 <b>Storytelling for Families 10 – Noon</b> <b>Info Session – Single Moms 1 – 4:00pm</b>	25 <b>Nobody's Perfect Parenting – Metis Society 11:00 – 2:00p.m</b>	26 <b>Nobody's Perfect Parenting – Interior Health</b>	27 <b>Mother Goose 10 - Noon</b>	28 <b>Storytelling for Families 10 – Noon</b>	29
30	31 <b>Storytelling for Families 10 – Noon</b>					

**Storytelling for Families** – Ki-Low-Na Friendship Society – Come and meet Tupa & other Granny and Grandpa puppets – Ages Birth – 6 years Drop in

**Parent-Child Mother Goose and Playtime** – The Club House - rhymes, songs and stories – Birth – 4 years - Please come for 10:00a.m.

**Tumble Bumble** – Ki-Low-Na Friendship Society – Explore climbing, rolling, games, songs, crafts, singing, dancing, cuddles and giggles – Age Birth – 6 Drop in

Halloween Costume and Creation – Saving Kindness – Costumes available and making costumes for little ones – preschool age

**Nobody's Perfect Parenting Program** – Metis Society – Aboriginal Traditional Teaching Included – Registration Required

Nobody's Perfect Parenting Program – Interior Health – Registration Required

Info Session – Single Moms – Join a conversation with service providers about supports of interest to single moms