

# Central Okanagan Family Hub - Kelowna

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Hours: Monday, Tuesday, Thursday & Friday, 9:00 am – 3:00 pm / Wednesday, 9:00 am – 2:00 pm



## September 2021

Monday	Tuesday	Wednesday	Thursday	Friday		
		<p><b>Food Support Program</b> 9am-1pm</p> <p><b>Story, Song &amp; Rhyme, Barlee Park,</b> 11-11:30am</p>	<p><b>Space Theme Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p>	<p><b>Hub Closed</b></p> <p><b>Planning Fall Programs</b></p>	<p>If you need information, navigation, referrals or support, email us at <a href="mailto:info@cofh.ca">info@cofh.ca</a></p>	
<p><b>HUB Closed</b></p> <p><b>HAPPY LABOUR DAY</b></p>	<p><b>Registered Family Play Time, 9:30-11:30am</b></p> <p><b>Teddy Bear Picnic, Ben Lee Park,</b> 10-11:30am</p>	<p><b>Food Support Program,</b> 9am-1pm</p> <p><b>Story, Song &amp; Rhyme, Barlee Park,</b> 11-11:30am</p> <p><b>Teddy Bear Picnic, Mission Creek Park,</b> 10-11:30am</p> <p><b>Japanese Story Time,</b> 11am-12pm</p>	<p><b>Puzzle Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p> <p><b>Teddy Bear Picnic, Kids Care Spray Park,</b> 10-11:30am</p>	<p><b>Arts &amp; Crafts Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p> <p><b>Teddy Bear Picnic, Reiswig Park,</b> 10-11:30am</p>		
<p><b>Registered Family Play Time, 9:30-11:30am</b></p>	<p><b>Registered Family Play Time, 9:30-11:30am</b></p>	<p><b>Food Support Program,</b> 9am-1pm</p> <p><b>Story, Song &amp; Rhyme, Barlee Park,</b> 11-11:30am</p>	<p><b>Nature Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p>	<p><b>Jungle Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p>		<p>To schedule any activity, <b>Call or text to 250-826-6264,</b> or email <a href="mailto:info@cofh.ca">info@cofh.ca</a></p>
<p><b>Registered Family Play Time, 9:30am-11:30am</b></p>	<p><b>Registered Family Play Time, 9:30am-11:30am</b></p>	<p><b>Food Support Program,</b> 9am-1pm</p> <p><b>Story, Song &amp; Rhyme, Barlee Park,</b> 11-11:30am</p> <p><b>Japanese Story Time, 11am-12pm</b></p>	<p><b>Dino Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p>	<p><b>Rainbow Day</b></p> <p><b>Registered Family Play Time, 9:30-11:30am &amp; 12:30-2:30pm</b></p>		
<p><b>Registered Family Play Time, 9:30am-11:30am</b></p>	<p><b>Registered Family Play Time, 9:30am-11:30am</b></p>	<p><b>Food Support Program,</b> 9am-1 pm</p> <p><b>Story, Song &amp; Rhyme, Barlee Park,</b> 11am-11:30am</p>	<p><b>HUB Closed</b></p>			

## Programs this Month:

[Call](#) or [text](#) to 250-826-6264 for your scheduled Family Hub time.

### Registered Family Play Time at the Hub, the Bridge Youth and Family Services & The Hub

Parents/caregivers with children are welcome to schedule up to a 2-hour family play time in the Hub playroom, Come and have fun with COVID-19 safety protocols in place. Mondays, Tuesdays, Thursdays & Fridays, 9:30 am or 12:30 pm. Email Ruba at [info@cofh.ca](mailto:info@cofh.ca), or call the Hub at [250-826-6264](tel:250-826-6264).

### Food Support Program, the Bridge Youth and Family Services, Helen's Acres Community Farm, Central Okanagan Community Food Bank

Offering families support with food security, provided through our COFH outreach workers and the Bridge Youth and Family Services. To make an appointment, kindly email Laura at [laura.banman@thebridgeservices.ca](mailto:laura.banman@thebridgeservices.ca) or Ruba at [info@cofh.ca](mailto:info@cofh.ca) (by appointment only). Wednesdays, 9:00 am - 1:00 pm. For more information or if you need any other support, call the Hub at [250-826-6264](tel:250-826-6264).

### Story, Song & Rhyme Time, Childhood Connections & the Hub

There will be a half hour of singing songs, playing games and telling stories for parents/caregivers and their children. The facilitator will also be available for a short time before and after to answer questions or provide parenting and family resources. Wednesdays, 11:00 am - 11:30 am, Barlee Park (1886 Barlee Road) in Kelowna. [Register Now](#)

### Teddy Bear Picnic, Childhood Connections & the Hub

Register for a morning of free Family Fun, Snacks, Stuffedies, Arts & Crafts, Stories, Songs & more. This event will take place from the September 7-10, 10:00 am - 11:30 am at different Parks in the Okanagan Area. [Register Now](#)

### Outato Ohanashino Kai (Japanese Storytime for infant and toddlers)

Offering Japanese speaking families story time. Japanese Storytime is meant to provide a space where children can practice and reinforce the Japanese language and culture. It also serves as an immersive space that is 100% Japanese - which not only helps the children maintain a connection to their heritage language, but also give the parents a space to speak in their native language. Wednesday, September 8 & 22, 11:00 am – 12:00 pm.